

Infant Information Day

Journée d'info sur les bébés

Come and Meet Judy Dubuc,
 Local Expert on Helping Families
 Adjust to Life with a New Baby!

Venez rencontrer, Judy Dubuc,
 experte locale, aidant les familles
 à s'adapter à la vie avec un
 nouveau-né!

Friday May 29th, 2009
 Le vendredi 29 mai, 2009
 9:30am - 1:30pm/9h30 - 13h30
 Barcode/code à barre: 394564

Free Admission /entrée gratuite

Come and see what east Ottawa has to offer babies newborn to 18 months old, from health care to recreation. Seminars are offered in the language described.

Venez voir ce que le secteur d'Ottawa-Est a à offrir aux bébés de 0 à 18 mois, des soins de la santé jusqu'aux loisirs. Les ateliers sont offerts selon la langue décrite.

SEMINARS / ATELIERS

- 9h45-10h15 a) Spring Fun: An Introduction to Baby Sensory by Jill Vyse
 b) Les meilleures façons de se préparer à l'allaitement par Ginette Bertrand
- 10h15-10h45 a) Making Your Own Baby Food by Collective Wellness
 b) Saving the World One Outfit at a Time by Posh Kids
- 10h45-11h15 a) And How Are YOU Doing? Bringing Home Baby: Managing Individual and Relationship Changes and Challenges by Judy Dubuc, Canadian Certified Counsellor and Former Teacher.
- 11h15-11h45 a) Off to a Healthy Start: Baby's Growth & Development by the City of Ottawa
 b) Finding Quality Home Child Care by Child Care Providers Resource Network
- 11h45-12h15 a) Kindermusik Village Demo Class By Tanya Campbell
 b) Babywearing and You by Milkface Nursingwear
- 12h15-12h45 a) Talk by 2 - Learning to Communicate Starts from Day 1 by First Words
 b) Chaque enfant prépare à la lecture par la bibliothèque publique d'Ottawa
- 12h45-13h15 a) Who Wants a Million Dollars Smile: Dental Health for Infant and Toddlers by the City of Ottawa
 b) Back to Fitness: Baby Steps by MomMeFit Inc.